



FIRST DESCENTS offers young adult cancer fighters and survivors a free outdoor adventure experience designed to empower them to climb, paddle and surf beyond their diagnosis, defy their cancer, reclaim their lives and connect with others doing the same.

CLIMBING
higher!

2011	<i>27 programs</i>	<i>283 participants</i>
2012	<i>45 programs</i>	<i>515 participants</i>
67%	PROGRAM GROWTH	

HOW CAN I
get involved?

- HOST AN EVENT • EVENTS@FIRSTDESCENTS.ORG
- DONATE • FIRSTDESCENTS.ORG/DONATE
- JOIN TEAM FD • TEAMFD.FIRSTDESCENTS.ORG
- GIVE MILES • MILES@FIRSTDESCENTS.ORG
- LIKE US • FACEBOOK.COM/FDADVENTURE